



2024 Women's Leadership Symposium: When We Lead

**SELF-REIMAGINATION:
REDESIGNING YOUR
WORKSPACE &
WORKPLACE PASSION**

Facilitator - Angeline F. Johnson

SELF-REIMAGINATION: REDESIGNING YOUR WORKSPACE & WORKPLACE PASSION

This workshop is designed to inspire, engage, and empower women in leadership to lead with passion, authenticity, intention, and grace..

SESSION PRESENTER



- Native of Toledo, Ohio
- Former Board Member – Pathway, Inc. (Lucas County)
- Small Business Owner
- Nonprofit Executive Director
- Community Advocate
- World Traveler
- Why am I Here?

I am a Believer in Walking Fully in One's Purpose!



SELF-REIMAGINATION: REDESIGNING YOUR WORKSPACE & WORKPLACE PASSION

WHY ARE YOU HERE?

This session is intended to be conversational...

Please let us know why you chose to attend THIS session.



**SELF-REIMAGINATION: REDESIGNING YOUR
WORKSPACE & WORKPLACE PASSION**

WHO DO YOU THINK YOU ARE?



Use the QR Code or link in the chat to share with us 3
adjectives that describe who you are at your core.
(Hold on to those 3 words!)



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DEFINITIONS

SELF- REIMAGINATION

Refers to the process of creatively envisioning oneself in different scenarios, roles, or futures. It involves using one's imagination to construct and explore various aspects of personal identity, capabilities, and potential life paths.

This concept plays a crucial role in personal development and growth, as it encourages individuals to think beyond their current circumstances and consider what they could achieve or become. Self-imagination can serve several purposes:

1. Goal Setting and Achievement: By imagining oneself achieving specific goals or succeeding in certain roles, an individual can increase their motivation and define clearer pathways to achieve these aspirations.

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2. Overcoming Challenges: Envisioning oneself overcoming obstacles or handling challenging situations with grace and effectiveness can prepare one mentally and emotionally for real-life difficulties.
3. Self-Discovery: Through self-imagination, individuals can explore different facets of their personalities, interests, and values, leading to deeper self-awareness and self-understanding.

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4. Creativity and Innovation: This process can foster creative thinking by allowing individuals to envision novel solutions to problems or to imagine new and innovative approaches to their work or personal projects.
5. Emotional and Mental Preparation: By imagining oneself in various scenarios, individuals can mentally and emotionally prepare for future events, reducing anxiety and increasing confidence.

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Self-imagination is not just daydreaming but a strategic tool that can be used for personal and professional development. It involves actively engaging with one's thoughts and feelings about potential futures and using these insights to inform present actions and decisions. This process can be particularly powerful when combined with goal-setting techniques, positive visualization, and reflective practices to help individuals achieve their desired outcomes and realize their full potential.

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A workspace refers to the physical or virtual environment where work is done. This can encompass a wide range of settings, depending on the nature of the work and the preferences or requirements of the individuals or organizations involved.

The concept of a workspace is fundamental to understanding how people organize their work, collaborate with others, and achieve productivity and satisfaction in their professional activities. The nature of the workspace can influence work habits, company culture, and overall well-being, making it a critical aspect of work life and organizational management.

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1. Physical Workspace: Traditionally, a workspace is the physical location where people conduct their jobs, such as an office, workshop, studio, or any other designated area set up for work-related activities. It includes the furniture, tools, equipment, and other resources needed to perform work tasks. The design and layout of a physical workspace can significantly impact productivity, creativity, and employee satisfaction.

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2. Virtual Workspace: With the advent of digital technology and remote work trends, the concept of a workspace has expanded to include virtual environments. A virtual workspace is an online setting where employees can collaborate, communicate, and access the tools and resources they need to do their jobs, regardless of their physical location. This can involve cloud-based platforms, communication tools, and software applications designed to facilitate remote work.

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3. Home Office: A specific type of workspace that has gained prominence, especially with the rise of remote work and telecommuting, is the home office. This is a dedicated area in one's home set up for work purposes, designed to mimic the functionality and professionalism of a traditional office environment.

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WORKPLACE PASSION

Refers to the profound enthusiasm or intense emotion that individuals feel towards their job or career. It encompasses a genuine interest in and a deep connection with one's work, driving motivation, engagement, and a sense of fulfillment.

This passion is characterized by a strong desire to contribute positively to the organization, pursue excellence, and achieve personal and professional goals.

- Individuals with a high level of workplace passion are often more committed, productive, and innovative. They tend to see beyond the basic requirements of their job, seeking ways to improve, grow, and make a significant impact within their roles and the broader organizational context.

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2. Workplace passion is critical because it not only enhances individual job satisfaction and career development but also contributes to the overall success of the organization.
3. Passionate employees are likely to go the extra mile, leading to improved performance, better customer service, and stronger team dynamics.

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This workshop is designed to inspire, engage, and empower women in leadership to lead with *passion*,
authenticity, *intention*, and *grace*.

DEFINITIONS

AUTHENTICITY

Authenticity, in the context of personal development and leadership, refers to the quality of being genuine, transparent, and true to one's own personality, spirit, or character, despite external pressures and expectations.

INTENTION

Intention refers to a mental state that represents a commitment to carrying out an action or actions in the future. It involves purposeful planning and a conscious decision to perform a particular task or achieve a specific outcome.

GRACE

As a personal characteristic, grace can mean a natural ability to handle every situation with tact, compassion, and humility, often putting others at ease.

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DO YOU FEEL THAT IS THIS IMPORTANT?

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**ARE YOU STRUGGLING WITH MAINTAINING
YOUR WORKPLACE PASSION?**



WHY IS THIS CONVERSATION IMPORTANT?

- Outside of our homes, where do we spend the most time?
- Outside of our family and friends, with whom else do we spend the most time?
- Know that the work that you is meaningful and has exponential impact.
- In a place (physical location) where so much of our time is spent, that should be a place for us to be authentic to ourselves and to others.
- It should be a place (physical location) of deep engagement to bring forth our purpose.

HOW DOES WORKSPACE DESIGN INFLUENCE PRODUCTIVITY, CREATIVITY, AND PERSONAL BRANDING?

Workspace design plays a crucial role in influencing productivity, creativity, and personal branding by shaping the physical and psychological environment in which people work. thoughtful workspace design not only caters to the functional needs of working professionals but also **significantly impacts psychological well-being and creative output**. By creating an environment that aligns with individual preferences and professional requirements, workspace design can enhance productivity, stimulate creativity, and serve as an extension of personal branding.



PRODUCTIVITY

ERGONOMICS – LAYOUT -
LIGHTING - AESTHETIC AND COLOR



CREATIVITY

AESTHETIC AND COLOR - FLEXIBLE
SPACES - INSPIRATION



PERSONAL BRANDING

CUSTOMIZATION - PROFESSIONAL IMAGE -
BRAND CONSISTENCY

Your Workplace Surrounding Does Impact You!

Several studies and research projects have contributed significantly to our understanding of the impact of the physical work environment on mental health and well-being.

1. Natural Light and Views of Nature
2. Ergonomics and Comfort
3. Noise Levels
4. Air Quality and Temperature
5. Personal Space and Privacy
6. Color Psychology
7. Layout and Design



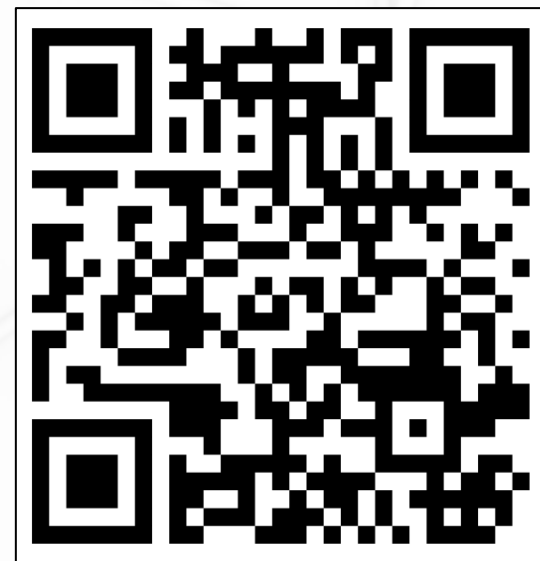
THE ROLE OF WORKSPACE IN SELF-REIMAGINATION

- A thoughtful workspace design not only caters to the functional needs of working professionals but also significantly impacts psychological well-being and creative output.
- By creating an environment that aligns with individual preferences and professional requirements, workspace design can enhance productivity, stimulate creativity, and serve as an extension of personal branding (Your authentic self).
- Let's talk about it - Examples of the impact of your surroundings at in workspaces?



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WHO DO YOU THINK YOU ARE?



Without vision, people perish...

Use the QR Code or link in the chat to give
us 3 adjectives that describe who you are at
your core...

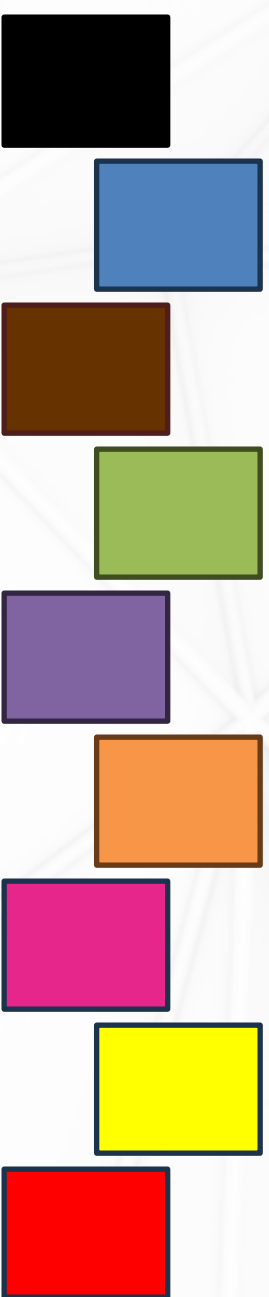
(Hold on to those 3 words!)



STRATEGIES FOR SELF-REIMAGINATION

Take those 3 words and use them as motivation to ignite a redesign of at least one of the following workspaces:





PRODUCTIVITY

ERGONOMICS - LAYOUT - LIGHTING -
AESTHETIC AND COLOR



CREATIVITY

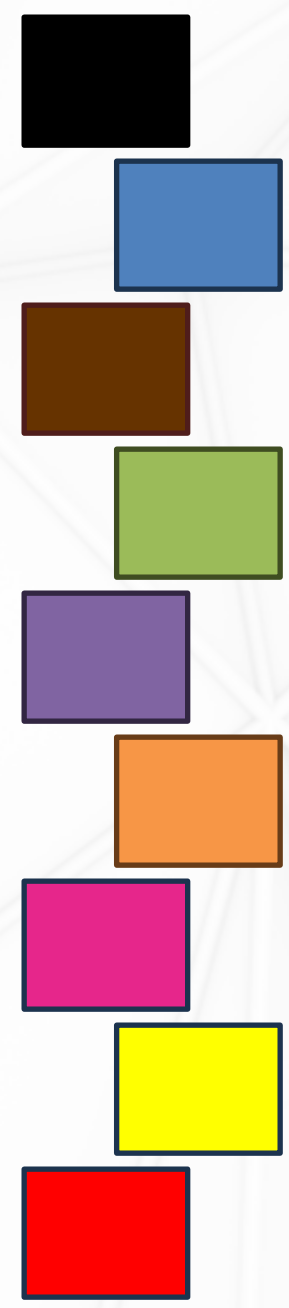
AESTHETIC AND COLOR - FLEXIBLE
SPACES - INSPIRATION



PERSONAL BRANDING

CUSTOMIZATION - PROFESSIONAL IMAGE -
BRAND CONSISTENCY

How would you make it your own?



PRODUCTIVITY

ERGONOMICS - LAYOUT - LIGHTING -
AESTHETIC AND COLOR



CREATIVITY

AESTHETIC AND COLOR - FLEXIBLE
SPACES - INSPIRATION



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CUSTOMIZATION - PROFESSIONAL IMAGE -
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Let's discuss what you would do!

NEXT STEPS: REALIZING OUR WORKPLACE PASSION

What are your takeaways from our conversation?

How can you incorporate the core of who you are more fully into your workspace?

What will be your immediate next steps to assist in increasing your workplace passion?





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**Presenter – Angeline F. Johnson, CEO
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THA
YOU